



Tasmanian Little Athletics Association

By - L a w s

Current at August 2009

Table of Contents

	<i>Page</i>
<u>Administration</u>	
AD01 - AD16.....	3
<u>Registration</u>	
RN01 - RN03	5
<u>Awards</u>	
AW1 - AW9	6
<u>Finance</u>	
F1 – F6	11
<u>Education</u>	
ED1 - ED5.....	17
<u>Competition</u>	
CO1 – CO30.....	18
<u>State Team</u>	
ST1 - ST3.....	31

Administration

Rule N°.	Rule	Date
AD1	Margins of Ballots to be published in the Minutes of State Meetings.	July 1993
AD2	“That the T.L.A.A. Annual Special General Meeting/Delegates Conference, be known as “State Conference”	21 July 1991
AD3	“That State Conference be held on a North/South rotational basis”	August 1999
AD4	The T.L.A.A. Board will coordinate the annual State Conference with a Board Member as convenor.	August 1995
AD5	Prior to a change of Club/Centre name or colour, approval must be sought from the T.L.A.A. to prevent a clash with existing names and colours.	20 Sept 1984
AD6	Prior notification must be given to the T.L.A.A. if a Centre, or any of its affiliated Clubs, intend to dissolve or amalgamate. Approval must also be given for the formation of any new Club/Centre.	August 1999
AD7	Any equipment supplied to new Centres be on the basis of 100% repayment to T.L.A.A. - half paid at conclusion of first season and remainder twelve months later. If new Centres are having difficulty with repayment, then T.L.A.A. to be notified.	Dec. 1989
AD8	Deleted August 2001	
AD9	Register of participation for events conducted by other organisations. This register must indicate the specific activity, names of individual children who are sanctioned to compete, and must be completed before the activity takes place.	1 Aug. 1991
AD10	No Centre may have more than 1 (one) meeting per season at either the Domain or St. Leonards Athletic Centre without TLAA Board of Management approval.	Aug. 1998
AD11	All Centre Minutes are to be forwarded to the T.L.A.A. Office on a monthly basis.	July 2009

Rule N°.	Rule	Date
AD12	<p>a) All Centres should endeavour to comply with Race Walking Rules as per Appendix A of the By-Laws.</p> <p>b) However, where Centres experience difficulty in supplying sufficient officials, the procedure below is to be followed:</p> <ul style="list-style-type: none"> • a minimum of three judges are required to conduct the event; • each judge can caution or warn a competitor twice for separate infringements; • three warnings are required for disqualification. <p>c) Centres implementing this procedure must notify the TLAA Board of Management through their Centre Minutes.</p>	August 1999
AD13	A motion which has been defeated at either a Special General Meeting, Annual General Meeting, or State Conference by more than 50% of those present, cannot be re-submitted for a period of 18 months. The exception would be a Special General Meeting called for that purpose under the rules of the TLAA Constitution.	July 1998
AD14	For all meetings sanctioned by the TLAA, performances are recognised.	August 2001
AD15	A copy of any correspondence being sent to all Little Athletic Centres by a Board Member is to be sent to all TLAA Executive for comment prior to being issued to Centres. A copy is also to be provided to TLAA Board Members.	August 2005
AD16	<p>Accommodation Policy</p> <p>When booking accommodation for TLAA/ALA conferences, the following procedures are to be applied:</p> <p><i>State Conference</i></p> <p>In the first instance, arrangements are to be made to share with an appropriate board member. If this is not possible, single share accommodation will be arranged.</p> <p>If a Board Member requests single accommodation, he/she is liable for 50% of the cost.</p> <p>If a spouse will be sharing the accommodation, the respective board member shall be liable for 50% of total accommodation costs.</p> <p><i>Board Conference</i></p> <p>Communal accommodation will be arranged.</p> <p><i>ALA Conference</i></p> <p>If convenient to attending delegates, shared accommodation will be booked. Single accommodation will be arranged if preferred.</p> <p>If a spouse will be sharing the accommodation, the respective board member shall be liable for any additional costs incurred.</p>	August 2002
AD17	The TLAA Administration Officer (paid employee) is permitted to attend all meetings convened by the T.L.A.A. Board of Management. The prime objective is to take minutes of meetings and update the Board Members on any tasks undertaken during the period between meetings. This is a non voting role.	March 2009

Registration

Rule N ^o .	Rule	Date
<p>RN1</p>	<p><u>Registration Material</u></p> <p>Each athlete is provided with the following materials on an annual basis :</p> <ul style="list-style-type: none"> • Information Manual • Ticket book • Name and Age Tag • And other material as deemed appropriate by the TLAA Board. <p>All new registered athletes automatically receive a T.L.A.A. Badge. Previously registered athletes may obtain a new badge upon request.</p>	<p>August 2001</p>
<p>RN2</p>	<p>Ages will be taken as at 30 September each year.</p> <p>Each new registered athlete must provide evidence of proof of age prior to registration being accepted. If no proof of age is available the member must complete a Statutory Declaration which is to be forwarded to the TLAA Membership Director, with the registration receipt.</p>	<p>July 2007</p>
<p>RN3</p>	<ul style="list-style-type: none"> ▪ The front of the athlete's shirt/singlet MUST have the State cloth badge and sponsor's name and age tag. Achievement Awards must be placed on the back of the shirt. ▪ It is compulsory that only the current season's badges be worn. ▪ The top right hand side of the athlete's shirt/singlet is reserved for National Sponsorship by Australian Little Athletics. ▪ It is preferable that Club / Centre badge be worn on the sleeve ▪ Sponsor's logos may only be worn on an athlete's Club Top. No sponsor's logo is to be worn on a Centre top. 	<p>August 2005</p>

Awards

Rule N°.	Rule	Date
AW1	A Continuous Participation Award will be issued to all athletes who compete from Under 6 through Under 13 continuously, and to those athletes who compete from U6 to U15 continuously.	July 2007
AW2	<p>Each Centre will hold a “Centre Personal Best Performance Award Day”. To be eligible for this award an athlete must compete at his/her own Centre and must have participated previously in that event at his/her Centre.</p> <p>This date will be determined by the TLAA but will typically be the second last competition day prior to the Christmas break.</p>	August 2001
AW3	<p><u>State Service Awards</u></p> <p>Recommendations for all awards must be made by the Board of Management or a Centre Management Committee and if the latter, the recommendations need to be the subject of a motion which is passed at a meeting of the Centre Management Committee.</p> <p>All recommendations need to be submitted to the Board of Management no later than March 31 of each year and be supported by full details of the basis on which the recommendation was made as well as the history of the person under consideration and accompanied by a copy of the minutes of the meeting from which the recommendation came.</p> <p>Recipients will be ratified at the Annual General Meeting of the Association in May of each year, and Awards presented on a suitable occasion.</p> <p>Life Membership</p> <p>The Board considers that this award should be kept at the highest plateau of our organisation, by restricting the recipients of same to a very small number and to people who have given of themselves to an extremely great extent at the highest level of our Association.</p> <p>Design of State Badge to be utilised as life membership badge.</p> <p>The State Service Awards will be provided on two (2) levels, the highest to be called “Distinguished Service Award”, and the other “Service Award”.</p> <p>Distinguished Service Award</p> <ul style="list-style-type: none"> • Maximum of two (2) persons per year • The recipient to have given extra meritorious service to the Little Athletics Association at any level, but preferable covering a wide cross section of the movement. Some emphasis could be placed on a person who has provided ten (10) years service or more in a specific area. 	August 1989

Awards

Rule N ^o .	Rule	Date
AW3	<p>State Service Award</p> <p>The Board has set down specific criteria by which to select people who have given significant service for these awards.</p> <ol style="list-style-type: none"> 1. The recipients must have given highly meritorious service at either Association and/or Centre/Club level. 2. Preferred minimum of 7 years involvement in Little Athletics. 3. Preferred minimum of 4 years at Centre and State level capacity. 4. State service includes: <ul style="list-style-type: none"> • State Board • Coaching Camps • Coaching Clinics • Key Officials at All State Conducted Meetings • State Team Officials. 5. Acknowledge in the form of a certificate. Board of Management to administer. 	August 2001
AW4	<p>Centre Service Award</p> <p>The Board of Management considers that members of the Tasmanian Little Athletics Association Inc. should be given more tangible form of acknowledgment when they have provided this Association with a large amount of honorary service to their Centre.</p> <p>The following minimum requirements have been established:</p> <ul style="list-style-type: none"> • Preferred minimum of 7 years dedicated service at Centre capacity. • Acknowledgment in the form of a certificate. <p>Service should be above and beyond that of the average parent</p> <p>Recommendations for all awards must be made by the Board of Management or a Centre Management Committee and if the latter, the recommendations need to be the subject of a motion which is passed at a meeting of the Centre Management Committee.</p> <p>All recommendations need to be submitted to the Board of Management and be supported by full details of the basis on which the recommendation was made as well as the history of the person under consideration and accompanied by a copy of the minutes of the meeting from which the recommendation came. There is no closing date for Centre Service Awards.</p>	August 1993
AW5	<p><u>Personal Improvement Awards</u></p> <p>The system has three levels - Green, Blue, Red. Awards must be claimed in that order.</p> <p>This scheme is not designed to use State qualifying standards as are the Gold Star Awards (<i>see AW6</i>).</p> <p>Green Award</p> <p>The FIRST PERFORMANCE in the specified number of events constitutes a Green Award and must be entered in the Green Column on the Claim Form. The minimum number of events required per age group is listed in the claim table.</p>	10 July 2004

Awards

Rule N ^o .	Rule	Date																																													
	<p>Blue Award</p> <p>The FIRST IMPROVED PERFORMANCE in the specified number of events constitutes a Blue Award. An event not used for the Green Award can be used if already entered in the Green Column.</p> <p>Red Award</p> <p>The SECOND IMPROVED PERFORMANCE in the specified number of events constitutes a Red Award. An event not used for Green and Blue Awards can be used if already entered in Green AND Blue columns.</p> <table border="1"> <thead> <tr> <th>Age Group</th> <th>6/ 7</th> <th>8</th> <th>9</th> <th>10</th> <th>11</th> <th>12</th> <th>13</th> <th>14/15</th> </tr> </thead> <tbody> <tr> <td>No. of events available</td> <td>10</td> <td>11</td> <td>11</td> <td>12</td> <td>12</td> <td>14</td> <td>14</td> <td>14</td> </tr> <tr> <td>Min. Performance for Green Award</td> <td>7</td> <td>8</td> <td>8</td> <td>9</td> <td>9</td> <td>11</td> <td>11</td> <td>11</td> </tr> <tr> <td>Min. Performance for Blue Award</td> <td>6</td> <td>7</td> <td>7</td> <td>8</td> <td>8</td> <td>9</td> <td>9</td> <td>9</td> </tr> <tr> <td>Min. Performance for Red Award</td> <td>5</td> <td>6</td> <td>6</td> <td>7</td> <td>7</td> <td>8</td> <td>8</td> <td>8</td> </tr> </tbody> </table>	Age Group	6/ 7	8	9	10	11	12	13	14/15	No. of events available	10	11	11	12	12	14	14	14	Min. Performance for Green Award	7	8	8	9	9	11	11	11	Min. Performance for Blue Award	6	7	7	8	8	9	9	9	Min. Performance for Red Award	5	6	6	7	7	8	8	8	
Age Group	6/ 7	8	9	10	11	12	13	14/15																																							
No. of events available	10	11	11	12	12	14	14	14																																							
Min. Performance for Green Award	7	8	8	9	9	11	11	11																																							
Min. Performance for Blue Award	6	7	7	8	8	9	9	9																																							
Min. Performance for Red Award	5	6	6	7	7	8	8	8																																							
AW6	<p><u>Gold Star Awards</u></p> <p>This award is controlled by the STATE CHAMPIONSHIPS qualifying standards listed in the current Information Manual.</p> <p><i>Information concerning claims.</i></p> <p>GOLD AWARDS may be claimed in four areas:</p> <ul style="list-style-type: none"> • Sprints • Distance • Throws • Jumps <p>The Little Athlete may attain a maximum of four awards - one in each group. To claim an Award the athlete must qualify once in TWO (2) events from the group area, eg.</p> <p><i>Under 9 Boys Qualifying Standards in Throws:</i></p> <p>Shot Put 5.60 Discus 16.00 Javelin 15.00</p> <p>To qualify for a Gold Award in throws, the athlete must reach or better two of three distances. Groupings are as indicated on claim form.</p>	August 2001																																													
AW7	<p><u>Participation Awards</u></p> <p>This award may be claimed for the number of events an athlete competes in during the season. Cloth badges are available for 25, 50, 75 and 100 events. Events will be counted by the number of tickets in the athlete's book - events at centre, visited centre or associated conducted activities may be counted. To claim see your Team Manager.</p> <p>A Centre Attendance Certificate for attending 85% of an athlete's own Centre's scheduled competition, will be awarded.</p>	21 June 1981																																													
AW8	<p><u>U13 Sportsmanship Award</u></p> <p>Each year the Board of Management accepts nominations from Centres for the T.L.A.A. Under 13 Sportsmanship Award. The winners of the award will be presented with a trophy and all Centre nominations will receive</p>																																														

Awards

Rule N ^o .	Rule	Date
<p>AW8</p>	<p>certificates acknowledging their nomination.</p> <p>Submissions are to be a maximum of 500 words, and you must consider the following criteria:</p> <ol style="list-style-type: none"> 1. That the nominations be in the Under 13 age group; 2. That the nominations address the criteria as stated below. Centres are to note the following: 3. The Centre is to provide to the Board, a submission for one boy and one girl, along with a current photo of the athlete. 4. Procedure for selection of Centre nominees must comply with the TLAA guidelines attached. 5. Presentations will be made at State Championships; <p>Criteria to be addressed in the nomination:</p> <p>The following areas are to be viewed in the case of each Centre applicant, and the Centre to complete with information relating to each section.</p> <p>Concern Nominees shall have demonstrated that they place concern for others above themselves and are committed to the spirit of Little Athletics.</p> <p>Respect During competition the athlete must demonstrate a respect of the rules and the officials charged with their enforcement and maintain standards of behaviour in and out of athletics that reflect their worth to be considered for the award.</p> <p>Improvement Nominees shall demonstrate, during practice and competition, a constant desire to improve and achieve higher levels of skills and performance which reflect their commitment to Little Athletics and its ideals.</p>	<p>July 2007</p>
	<p>Determination Nominees shall strive with consistent determination to achieve their personal goals, doing so without complaining or resorting to alibi's, even if things seems to go wrong.</p> <p>Enthusiasm Nominees shall look forward to compete and reflect an attitude of enthusiasm in both participation and self improvement.</p> <p>TLAA Guidelines for selection of Centre nominees:</p> <p>These procedures must be used by Centres / Clubs for the selection of nominees.</p> <ol style="list-style-type: none"> 1. All under 13 athletes at your Centre must be considered. 2. A brief verbal or written submission should be given on all athletes. 3. Voting will take the form of the following: <ul style="list-style-type: none"> ▪ If there are 5 nominees, most favoured should receive 5 votes, then 4 etc. to the least favoured athlete receiving 1. 4. All eligible persons (Centre / Club committees) must vote regardless if they have a child nominated. 5. Tally of Votes. <p>The athlete with the highest tally is the eventual Centre nomination.</p>	<p>July 2004</p>

Awards

Rule N ^o .	Rule	Date
	This applies to all boys and girls.	
AW9	Where possible the T.L.A.A. Sportsmanship Award or equivalent be presented at the Official Opening of the State Championships.	21 July 1991
AW10	<p>Any athlete that participates at the first meeting of any Centre within the first fortnight of the new calendar year will be eligible for a welcome back badge.</p> <ul style="list-style-type: none"> ▪ To be eligible the athlete can compete at any Centre during this period. ▪ Attendance must be at that Centre's first competition day back in the new year during the qualifying period. ▪ It is the athlete's responsibility to obtain a signed claim form if the athlete is at a visiting Centre. ▪ Claim forms must be presented to the home Centre's Registrar to claim the Award. ▪ Awards will only be available at home Centres. 	August 2001

Finance

Rule N°.	Rule	Date
<p>F1</p>	<p><u>Season 2009/2010 Budget</u></p> <p>Affiliation Fees Fees based on registration numbers of previous season.</p> <p>1 - 50 athletes\$ 22.00 51 - 100 athletes\$ 55.00 101 + athletes\$110.00</p> <p>Registration Fees</p> <p>1 Child\$ 60.00 2 Children\$100.00 3 Children\$140.00 For each subsequent child.....\$ 20.00 Tiny Tots.....\$ 15.00</p> <p>Dual Registration If registering first with Little Athletics, the above fees will apply. For athletes who first register with Athletics Tasmania, and dual register with Little Athletics, the registration fee will be\$25.00</p> <p>Clinics/Camps Under 12 & 13 Camp\$230.00</p> <p>State Team Levy Brisbane 2010.....\$1,670</p> <p>Championships</p> <p>Multi-Event.....\$10.00 Programmes\$ 7.00 Events\$ 6.00 Relays\$ 6.00 per event \$10.00 for 2 events</p> <p>Canteen Hire</p> <p>Regional Meetings.....\$110.00/day All State Meetings\$110.00/day State Individual Championships\$150.00/day Barbecue (Southern Meetings)\$ 50.00/day Plus a \$100, fully refundable bond subject to compliance of kiosk guidelines.</p> <p>Board Members Expenses</p> <p>Maximum Accommodation Allowance\$150.00 per night** Maximum Meal Allowance\$ 40.00 per day Maximum Petrol Allowance.....\$ 00.52 per km. Less 0.05 per km for vehicles of 2000cc or less. To be reviewed every 3 months. ALA Delegates Clothing Allowance As agreed by the TLAA Executive</p> <p>State Team Officials Officials Clothing Allowance As agreed by the TLAA Executive</p> <p>Cross Country Registration fee for registering athletes between April to September of any given season, will be \$20.00</p> <p style="text-align: center;"><i>All budget items are reviewed at annual Board Conference</i> ** All rates are inclusive of GST – a Tax Invoice must be provided If no Tax Invoice is provided the allowance payable is \$136.</p>	<p>July 2009</p>
<p>F2</p>	<p>From 1 February 2001 each Centre is to insure its equipment through the National insurance broker. This cover will be arranged by the TLAA following the receipt of the required level of cover from each Centre.</p>	<p>August 2003</p>

Finance

Rule N ^o .	Rule	Date
F3	<p>In the event that fees for TLAA Camps and/or State Team levies cannot be paid by the due date, any deferred payment terms must be sanctioned by the TLAA President and Finance Director. A form agreeing to the payment terms must be duly completed by the person requesting the deferment of payment and returned to the TLAA Finance Director prior to the event.</p>	August 2005
F4	<p>TLAA Finance Policy</p> <p>Credit Card Holders</p> <ul style="list-style-type: none"> ▪ Expenses relating to those only approved (either directly or by policy) by the Board are to be paid by the Master Card. ▪ (Limit of cards currently \$2000 each President & Admin Director; \$1000 for Finance Director). ▪ All receipts to be forwarded to Finance Director within 7 days of the expense. ▪ Tax Invoices are to be obtained for any expense incurred over \$50. <p>Banking</p> <ul style="list-style-type: none"> ▪ All banking is to undertaken by the first banking day following the receipt of monies. This includes all Cash, Cheques, Money Orders etc. received on behalf of the TLAA. ▪ Banking Facsimile Transmission Form to be forwarded to Finance Director on the day of banking. ▪ Deposit Book issued by the Finance Director is to be used. <p>Purchasing of Goods</p> <p>Purchases against the TLAA account can only be made on the following conditions:</p> <ul style="list-style-type: none"> ▪ Purchase order must be used. ▪ Purchase must be approved by the Board or Finance Director. ▪ All orders to state that Invoices are to be forwarded to the Finance Director. ▪ Copies of Purchase orders together with delivery dockets/invoices are to be forwarded to the Finance Director within 7 days of the transaction. <p>Coaching Clinics / Camps</p> <p>Levies are set at Board Conference each year</p> <ul style="list-style-type: none"> ▪ Convenors of Clinics / Camps must comply with the Banking requirements as above ▪ Camp/Clinic convenors must provide a Financial Budget to the Board for approval, at least 30 days prior to the running of these activities. The Board or President & Finance Director must approve any variation to this Budget, prior to the expense being incurred ▪ A full reconciliation of Income and Expenses must be forwarded to the Finance Director within 28 days of the completion of the activity. 	August 2003

Finance

Rule N°.	Rule	Date
	<ul style="list-style-type: none"> ▪ Under no circumstances is Clinic/Camp monies to be used for any other purpose ▪ Travel costs associated with State Team Officials involved in Team Training shall be reimbursed in accordance with the policy applicable to Board Members. <p>Board Expenses</p> <ul style="list-style-type: none"> ▪ Board expenses are to be claimed on the relevant Claim Form, in accordance with TLAA policy/by-law and must have receipts attached to justify the claim. Accommodation claims must have a copy of the relevant Tax Invoice attached. (This enables the TLAA to claim GST where applicable.) Mileage claims must be fully documented ▪ Copy of Phone accounts must be attached. ▪ Failure to provide this information will lead to non payment of the claim. <p>State Conference</p> <ul style="list-style-type: none"> ▪ Convenor is appointed by the Board each year ▪ Banking Procedures as listed above ▪ Full Reconciliation to be provided prior to and within 28 days of the completion of the Conference <p>State Team</p> <ul style="list-style-type: none"> ▪ The State Team Levy including the Excursion Levy is set at Board Conference each year ▪ It is the responsibility of the State Team Managers to ensure this Levy is collected prior to the date decreed by the Board. ▪ The Board will set travel dates for the State Team each year. ▪ Banking procedures are as per those listed above. ▪ The State Team Officials are granted by the Board an allowance per day to cover meals etc whilst competing at the National Championships. ▪ The Board will decide at each annual Board Conference the approved uniform issue for all state team members/officials. Team Managers are not permitted to alter this issue without prior approval of the Board. Any expenses outside the issue (eg Clothing alterations) must be approved by the President and Finance Director. ▪ It is the responsibility of the TLAA Board to ensure that air travel bookings are made at the best possible price available. Group bookings should be made well in advance of the travel date to ensure that the best rate is available. This cost must be agreed to by the Finance Director prior to confirmation of bookings. ▪ The Board will provide acceptable accommodation for Team Officials whilst interstate at the National Championships. The TLAA Board are required to make tentative bookings, subject to approval of costs to be agreed by the Finance Director, prior to confirmation. ▪ Costs associated with State Team Training must be agreed by the Board prior to the scheduling of programmes. ▪ State Team Reunion is to be held in accordance with TLAA Policy. 	<p>July 2007</p>

Finance

Rule N ^o .	Rule	Date
	<ul style="list-style-type: none"> ▪ State Team Managers must provide a Financial Budget to the Board for approval, at least 30 days prior to the naming of the State Team. The Board or President & Finance Director must approve any variation to this Budget, prior to the expense being incurred. ▪ The TLAA Camps, Clinics and State Team application forms will form part of the delegation / selection process and the incumbents will sign a document agreeing to comply to this policy. The State Team availability form will include acknowledgement that the parent agrees to pay the Levy within the specified timeframe. <p>Finance Director's Responsibilities</p> <ul style="list-style-type: none"> ▪ Ensure that the finances of the Association are managed in accordance with the policies/ procedures/by-laws of the Tasmanian Little Athletics Association and that every effort is made to ensure that costs do not exceed income. ▪ Minimise GST Liability ▪ Ensure funds are available to meet payment terms of suppliers. ▪ Continually investigate Investment opportunities. 	
F5	<p>Credit Policy</p> <ol style="list-style-type: none"> 1. All invoices issued by the TLAA are due within thirty (30) days of the invoice date. 2. Statements will be issued at the end of the month in which the invoice is past the due date, eg invoice due 15 March, not paid – statement issued 31 March. Statements will be issued on a monthly basis after that until paid. 3. Invoices not paid within 30 days of statement will be charged interest at 5%. 4. Centres/individuals who have invoices outstanding for more than sixty (60) days will be refused any further supply of credit. 5. The TLAA reserves the right to contra any invoices past sixty (60) days due against any accounts owing by the TLAA to that Centre or individual. 	Feb. 2004
F6	<p>Delegations of Authority</p> <ol style="list-style-type: none"> 1. Capital Purchases / Repairs Amounts up to \$50All Board Members Amounts between \$50 - \$500...President / Finance Director Amounts over \$500Board of Management 2. Stationery Amounts up to \$50All Board Members Amounts over \$50President / Finance Director Manual / TLAA News.....Technical Requirements Officer <i>(quotes to Board in advance)</i> 3. Travel and out of Pocket Expenses Amounts in accordance with allowanceAll Board Members Air Travel.....President / Finance Director Other.....President / Finance Director 	Feb. 2004

Finance

Rule N°.	Rule	Date
	<p>4. Gifts, Wreaths etc. All amounts and purposesPresident / Finance Director</p> <p>5. Camps Bookings / Expenses to \$500 ...Convenor / Finance Director</p> <p>All other payments to be approved in accordance with By-Law F4. Any payment in advance is to be approved by the President / Finance Director. ALL payments are to be ratified by the TLAA Board.</p>	
F7	<p>Motor Vehicle Policy 2008 TOYOTA HI ACE VAN Registration Number A50GK</p> <p>1. <u>Insurance / Registration</u></p> <ul style="list-style-type: none"> ▪ Vehicle is insured by AAMI for an agreed value of \$35000 or market value, whichever is higher, with an excess of \$300. ▪ Paul Street is listed as the “Regular” Driver under the Insurance Policy ▪ The Vehicle (for Insurance and Registration records) is located at 77 Groningen Road, Kingston, 7050. ▪ In the event of an accident, details regarding the other party involved must include details relating to name, address and phone number, insurance company, vehicle type and registration number. Liability is not to be admitted and the TLAA Finance Director must be contacted immediately. 	August 2009
	<p>2. <u>Driver Responsibility</u></p> <ul style="list-style-type: none"> ▪ The vehicle is to be used for TLAA Business purposes only ▪ Only TLAA Board of Management members are permitted to drive the vehicle. The President or Finance Director may permit Ex-Officio Board Members including State Team Officials to drive the vehicle upon application. ▪ All drivers must hold a current Tasmanian Drivers Licence ▪ The vehicle is to be kept in good condition at all times. ▪ The Driver must ensure that the LOG BOOK in the Vehicle is completed each time the vehicle is used. (This is also an Insurance requirement) The log book must be presented to the Finance Director at least every three months, to enable copies to be placed on the Insurance File. <p>3. <u>Traffic Infringements</u></p> <ul style="list-style-type: none"> ▪ The TLAA expects all drivers to comply with road rules at all times. ▪ The TLAA will not be responsible for the payment of any traffic infringements (this is the responsibility of the driver) 	Feb. 2004

Finance

Rule N°.	Rule	Date
	<p>4. <u>Fuel Responsibilities</u></p> <ul style="list-style-type: none"> ▪ Fuel purchases must be made using the TasFuel account card. Copies of all fuel dockets must be sent to the Finance Director monthly. <p>5. <u>Servicing</u></p> <ul style="list-style-type: none"> ▪ It is the responsibility of the Technical Requirements Officer or Development Officer to ensure that the vehicle is serviced as required at a reputable dealer, agreed by the Finance Director. ▪ Annually the vehicle is to be detailed by a Company agreed by the Finance Director. 	
F8	<p>Desired Cash Flow</p> <p>That the adequate Cash at Bank Reserve for the TLAA as at 31st March each year is \$150,000. This amount will be reviewed annually at Board Conference</p>	July 2006

Education

Rule N°.	Rule	Date
ED1	The Centre Education Officer or Centre representative will be responsible for the marking of all TLAA Examination Papers. The papers will then be forwarded to the TLAA Education Officer for the issuing of the appropriate officials cards.	August 2009
ED2	Camps/Clinics The T.L.A.A. will hold camps/clinics annually as determined at Board Conference.	August 2005
ED3	Coaches Club If deemed necessary, the T.L.A.A. will give consideration to conducting a Coaches Club Session. The session will be co-ordinated by the T.L.A.A. Education Officer. A nominal charge will apply.	July 2006
ED4	ASAP Program Centres are to offer the Athletics Skills Assessment Program (ASAP). The program will be co-ordinated by the T.L.A.A. Education Officer. The program is to be reviewed annually at Board Conference.	August 2001
ED5	Officials “D Grade” Official a) Completed the official TLAA test paper and been deemed competent. Please note: This will qualify the official for centre official duties, “D” grade certificate will be issued. <i>An individual must be aged 16 years or over to be eligible to be an Official.</i> “C Grade” Official a) Completed the official TLAA test paper and been deemed competent (part 'D' Grade qualification). b) Must have conducted at State or Regional Meeting or TLAA sanctioned meeting and been deemed competent. Please note: This will qualify the official for State and Regional official duties. “C” Grade certificate will be issued. <i>An individual must be aged 16 years or over to be eligible to be an Official.</i>	July 2007

Competition

Rule N ^o .	Rule	Date
CO1	<p>State Relay Championships</p> <ul style="list-style-type: none"> a) Relay Championships will be conducted as a State competition meeting and will include both heats and finals on the same day. b) Relay Championship entries close on a date designated by the T.L.A.A. c) Centres will be invoiced following the completion of the Relay Championships. d) Athletes must be registered to be eligible for relay selection. e) Each team shall consist of up to five (5) members. Four running athletes and one optional reserve. f) Athletes can only be named in one (1) team for each relay event. g) If a Centre does not have enough available registered athletes in a specific age group to create a complete team, the Centre may use athletes from the next youngest age group to complete a team. Where a team is also nominated in the original age group of such an athlete, the Centre must be able to demonstrate that the athlete competing in the older age group has reasonably been omitted from the team in his / her own age group. The T.L.A.A. reserves the right to refuse movement of athletes between age groups where it believes this is not the case. h) An Under 8 athlete is not permitted to run in an Under 9, 4 x 200m relay. i) If an Under 11 athlete competes in an Under 12 relay event, no athlete in that team will be permitted to wear spikes. j) Centres may complete an Additional Athlete Form listing any athlete not named in a relay team. Once all additional athletes are nominated, the T.L.A.A. Competition Officer will create composite teams. As much as possible athletes will be kept in Centre groupings. Whenever a choice is to be made, this will be by the random drawing of lots. k) Each Centre is permitted to enter as many complete teams as they wish, but only one composite team, per sex/age group. Composite teams are any teams formed in accordance with Clauses g) or j) above. l) The Centre with the majority of athletes in teams formed in accordance with Clause j) above, will be the named Centre. In the event of equal numbers, the team will be jointly named. In the event that the team comprises athletes from four different Centres, the team will be named as a combined team. m) Mixed gender groups are not permitted in relay teams. n) Centres are permitted to substitute their named reserve into the team at any stage prior to the heats or between heats and finals. Please note that only the one (1) named reserve can be used as a substitution and notification of change is not required. o) Reserves in attendance that do not get to run with their team, will be offered the opportunity to run in an invitational relay 	July 2009

Competition

Rule N ^o .	Rule	Date
	<p>event.</p> <p>p) The T.L.A.A. reserves the right to refuse the entry of any Centre team deemed to be in contravention of the Competition Rules.</p> <p>q) In all relay heats and finals, three breaks will apply before disqualification.</p> <p>r) State records can be broken by teams in either the heats or final.</p> <p>s) Composite Teams (refer clauses g and j) are not eligible for Australian Best Performances.</p> <p>t) Change Marshals will carry white and orange flags. The Track Referee will be responsible for all disqualifications and will be the only official to carry a red flag.</p> <p>u) Progression to the finals will be the official heat winners plus the next fastest teams per placing to a maximum of eight (8) teams.</p> <p>v) Should any age or gender group have eight (8) or less teams entered for an event, then that event will be run as a Final.</p> <p>w) When official results are determined from the finals, all team members in attendance will receive medals if the team finishes 1st, 2nd or 3rd. The same will apply for ribbons for all other teams.</p>	
CO2	Rescinded July 2005	
CO3	<p>State Individual Championships</p> <p>Qualifying conditions for participation in T.L.A.A. Championships :</p> <p>a) All athletes must be registered with the T.L.A.A. to compete.</p> <p>b) All athletes enter INDIVIDUALLY and must include the associated fee per event and fee for programme.</p> <p>c) Each athlete can only enter the events in which they have qualified TWICE at any CENTRE or STATE MEETING from 1st October in any given year to the closing date.</p> <p>d) Entries close on a designated date each year with the Delegated Centre Official. NO LATE ENTRIES ACCEPTED.</p> <p>e) Athletes MUST have earned their 25 Participation Award by closing date, and MUST be displayed on the back of the competition top.</p> <p>f) T.L.A.A. Cloth badge MUST be displayed on top right hand front of competition top.</p> <p>g) Failure to have correct uniform will lead to disqualification of athlete. CLUB UNIFORM MUST BE WORN.</p> <p>h) Supplementary entries will be used to achieve appropriate track and field sizes at the discretion of the TLAA Competition Officer.</p> <p>i) From the 2006-2007 season the T.L.A.A. will not accept open entries for State Individual Championship events.</p>	

Competition

Rule N°.	Rule	Date
	(j) All athletes that participate at State Championships are to be awarded a State Participation memento	July 2006
CO4	State Championships are to be held in March each year with a preference for the long weekend.	24 Aug. 2002
CO5	<p>That at all State Championship Meetings the programme be divided into two sessions:</p> <p>Session 1: Morning session to commence no earlier than 9.00am on Day 1 and 8.30am on Day 2;</p> <p>Session 2: Afternoon session to commence no earlier than 12.00 noon.</p> <p>The Arena Manager only has the discretion to defer events, and then only in exceptional circumstances. Other changes to the program will only be made with the endorsement of the majority of Centres present.</p>	June 2006
CO6	That the T.L.A.A. name a chief official for all State conducted meetings for each event.	July 2007
CO7	Progression to finals in State Championships shall be heat winners plus the next fastest according to heat placing to a preferred maximum of eight (8). In the event of a tie the remaining competitors should be allowed to compete to a maximum of ten (10), if lanes are available. Should a tie still be evident then a semi-final should be run.	July 2007
CO8	Moved to CO3 (h)	August 1999
CO9	The T.L.A.A. shall provide certified throwing equipment to be used at all T.L.A.A. conducted meetings.	July 2007
CO10	The T.L.A.A. accepts responsibility for equipment used at all T.L.A.A. conducted Meetings. Any losses or breakages are to be reported to the T.L.A.A. Board Member responsible for the conduct of that meeting.	July 2007
CO11	The T.L.A.A. shall determine the starting time of all T.L.A.A. conducted meetings.	July 2000
CO12	<p>At T.L.A.A. All State Meetings, Centres will be permitted, based on the previous season's registration numbers, the following number of athletes to compete in the programme's events of their age group:</p> <p>The T.L.A.A. Competition Officer has the discretion to grant Centres additional numbers in events dependent on that Centre being able to supply additional officials. Centres requiring additional numbers are to contact the T.L.A.A. Competition Officer.</p> <p>1 - 50 registrations.....2 athletes per age group / per sex / event 51 - 100 registrations.....3 athletes per age group / per sex / event 101 - 150 registrations.....4 athletes per age group / per sex / event 151 - 200 registrations.....5 athletes per age group / per sex / event</p>	August 2005

Competition

Rule N ^o .	Rule	Date
	201 - 250 registrations.....6 athletes per age group / per sex / event 251+ registrations.....7 athletes per age group / per sex / event To be reviewed annually at Board Conference.	
CO13	Rescinded.	August 2005
CO14	That the competitor who first betters a State Best Performance shall be recognised and listed in State Best Performance list. Competitors who equal best performances on future occasions shall be recognised as co-holders, but shall not be named in list of best performances.	8 October 81
CO15	Performances from the Australian Little Athletic Championships are not eligible for State Best performance claims.	Sept. 2002
CO16	That all reference to best performances to events/weights no longer used be deleted from T.L.A.A. Information Manual but be recorded in the relevant files.	22 July 1990
CO17	Rescinded	August 1999
CO18	Rescinded	August 1999
CO19	Timing and Measuring Timing to be 10th of a second, as per ALA directive. The time limit on field events reduced to 1 minute All throws are to be measured to the nearest 1cm interval below the mark.	12 July 1990 August 1998
CO20	Fun Run Distance up to 3000m for under 6 to under 15. Athletes of any age may compete up to a maximum of 3000m in any T.L.A.A. sanctioned fun run.	August 2005
CO21	Standard Events The T.L.A.A. Board to introduce Australian Little Athletics “Standard Events” and/or “Standard Specification” as required. Any alterations to be presented annually at State Conference.	July 1993
CO22	Rules of Competition 1. General a) Minimum and Maximum age eligible to register, children must be 5 years prior to 1st October, and 14 years prior to 1st October, of the current season. b) Children must be registered after competing at 2 competition days. c) Children must be registered with the Association before being eligible to compete at State Conducted Meetings. d) Name and age tags are to be worn at Centre Competition and State Championships. Names must be legibly written. Centre/Club uniforms are to be worn as indicated on the State Conducted Meeting program. e) Athletes shorts / athletic tights must be the same colour as	

Competition

Rule N ^o .	Rule	Date
CO22	<p>their centre / club designated uniform and must be above the knee. Any branding or logo on the athlete shorts / tights may be displayed once and must not be greater than 20cm² eg: (4 x 5cm) or (2 x 10), with a maximum height of 4cm. Failure to comply will result in the athlete being disqualified from competition.</p>	January 2007
	<p>f) It is compulsory that covered shoes be worn at all Little Athletic competition days. Recommend for centres that footwear to be worn for all events, shoes specific to events.</p> <p>g) Meetings are to be conducted in accordance with the guidelines and rules for competition set down by the T.L.A.A.</p> <p>h) Under 13 to Under 15 Athletes must register individually for events at all State Conducted Meetings.</p> <p>i) A competitor can carry an asthma puffer in a track/cross country event, but if used by that athlete after that race has started, the athlete must withdraw from that event immediately.</p> <p>j) At all State Conducted Meetings, Chief Officials have the authority to send off any athlete for undesirable behaviour and the child should not be able to complete his/her trials. The Arena Manager must be notified and the Arena Manager's decision is final.</p> <p>k) The arena must be left clear for track and field events, and all adults and children, other than officials and athletes actually competing in events, must not be in this area. The exception being :- athletes may warm up prior to their event with the approval and at the arena manager's discretion.</p> <p>l) Athletes must at all times walk around the track and not cut across the centre of the arena, unless directed otherwise by an official.</p> <p>m) All Centres must supply officials to assist in conducting State Conducted Meetings.</p> <p>n) Programmed events can be amended or cancelled at the discretion of the Arena Manager.</p> <p>o) Notice of Protest shall in the first instant be made verbally to the announcer. The written application must then be presented within 15 minutes of the posting or announcing of the result at the completion of the event. This application must be signed by a responsible Centre Official and must be accompanied by a \$20.00 fee. Each protest must include the name of the event upon which the protest is lodged and indicate the names of all involved in the incident. The relevant rule under which the protest is to be investigated must be stated. This should then be referred to the protest committee chairperson who will decide if a formal protest committee will be called to deal with the protest. The fee may be forfeited if the protest is considered to be frivolous.</p> <p>p) At State Conducted meetings, an athlete is not to receive any form of coaching during an event. Such coaching may result</p>	July 2007

Competition

Rule N°.	Rule	Date
	in the athlete being disqualified from the event. <i>q)</i> Notification of all accidents must be recorded at the administration building.	August 1999

Competition

Rule N°.	Rule	Date
CO22	<p>Rules of Competition</p> <p>1. <u>General</u></p> <p>a) Toilet blocks, rooms and surrounding area, must not be used as a playground. Immediate disqualification from further competition may be incurred by offenders. Parents will be held financially responsible for any damage incurred.</p> <p>b) Smoking is only permitted in designated areas.</p> <p>c) The TLAA shall provide a calibrated device for the measurement of questionable spike length at all State conducted meetings.</p> <p>d) Spikes are not permitted to be worn to or from track and field events.</p> <p>e) Unless approved by the Arena Manager, all officials on the arena must wear shoes.</p> <p>f) The Aurora logo badge must be attached to all Centre tops at all State Conducted Meetings.</p> <p>2. <u>Laned Events</u></p> <p>a) Starting blocks are permitted for Under 12 to Under 15 athletes only.</p> <p>b) Spikes are permitted for Under 12 to Under 15 athletes in laned events with the exception being the 4 x 200m relay event and the 4 x 400m relay event. (NOTE: Shoes capable of taking spikes will be classed as “spikes” even if the spikes have been removed and replaced with blanks. If the spikes have been removed, but not replaced, they shall be classed as ‘spikes’.</p> <p>c) Competitors shall stay in their lanes.</p> <p>d) Jostling, running across or impeding competitors leads to the <u>liability</u> of disqualification.</p> <p>e) A referee cannot change the placing in any event due to any perceived interference during the running of that race. A competitor may be given a warning or disqualified.</p> <p>f) In relays, only Under 12 to Under 15 athletes are permitted to wear spikes. If in any composite relay the team is made up of Under 11 or younger athletes, <u>no athlete</u> including the Under 12 to Under 15 athletes in that team, are permitted to wear spikes.</p> <p><i>Hurdles</i></p> <p>g) Athletes must stay in their lanes.</p> <p>h) Athletes trailing their foot or leg alongside any hurdle or over a hurdle in an adjoining lane will be disqualified.</p> <p>i) Athletes who deliberately knock down a hurdle with hand or foot will be disqualified.</p> <p>j) Lanes should be arranged with 20mm spacing between adjacent hurdles.</p>	<p>February 2002</p> <p>July 2000</p>

Competition

Rule N°.	Rule	Date
CO22	<p>Rules of Competition</p> <p>3. <u>Track Events</u></p> <p>a) The track is administered by the Track Referee, who has the authority to make the following decisions.</p> <ul style="list-style-type: none"> i. to decide on technical points for which there is no apparent provision in these rules (by using the IAAF handbook). ii. to exclude or disqualify athletes for improper conduct, iii. to order re-runs excluding disqualified athletes (if deemed necessary), iv. to include in the final, competitors effected by an act in a heat, if a lane is available, v. in conjunction with the Arena Manager, to change the place of competition or delay races if it is considered dangerous, vi. to determine positions in a race when the Chief Judge is unable to reach a decision, vii. to disqualify athletes for any breach of the rules. <p>b) Where video timing is not in use, on completion of a track event, athletes must report firstly to the judge, then to the recorders. They must then return immediately to their Centre area. Tickets will be distributed by team managers.</p> <p>c) Spikes are permitted for Under 12 to Under 15 athletes in laned events to a maximum of 7mm, unless otherwise stipulated by the Arena Manager.</p> <p>4. <u>Field Events</u></p> <p>a) Track takes precedence over field events except where determined by the Arena Manager</p> <p>b) The competitor will be allowed to leave the field event when called to a track event.</p> <p>c) When the competitor returns to the field event -</p> <ul style="list-style-type: none"> . if the event is completed, then the competitor has no further part in the event. Any recorded trial prior to leaving is judged in the event; . if the Competitor has missed one or more completed rounds, the competitor cannot make up those trials, but will be slotted back into the event in the current round, even if out of turn. <p>d) At T.L.A.A. All State Meetings and State Championships (U/13 group only) the eight competitors with the best trials shall be allowed three additional trials.</p> <p>e) Under 13 – Under 15 Long Jump Board - A decision will be made on the day by the Jumps Referee and Arena Manager if the board is suitable to use. If not, then a rubber mat will be used. Centres will need to bring rubber mats as part of the equipment required for State Individual Meetings. The decision of the Jumps Referee and Arena Manager on the day will be final.</p> <p>f) Spikes are permitted for Under 12 to Under 15 athletes in Long Jump, Triple Jump, High Jump and Javelin to a maximum of 9mm.</p>	12 July 2007

Competition

Rule N°.	Rule	Date																																																																																														
CO22	<p>5. TLAА Recognised Events and Specifications</p> <p><u>Track</u></p> <p>a. Lanes will not be used for 800m and 1500m events, but the U8 and U9 400m events will start on a curved line and the 800m will start on the curve at the start/finish line. The start of the Under 8 and Under 9 400m will be run in heats and limited to a maximum of 12-14 athletes.</p> <p>b. 1500m start on mark on track on back straight.</p> <p>c. All walks start on 1500m start line.</p> <table> <tr> <td>150 Metres</td> <td>Under 6,7</td> </tr> <tr> <td>70 metres</td> <td>Under 6,7,8,9,10,11,12,13,14,15</td> </tr> <tr> <td>100 metres, 200m</td> <td>Under 6,7,8,9,10,11,12,13,14,15</td> </tr> <tr> <td>400 Metres</td> <td>Under U10,11,12,13,14,15–Laned Start</td> </tr> <tr> <td>400 Metres</td> <td>Under 8, 9 – Packed Start</td> </tr> <tr> <td>800 Metres</td> <td>Under 10,11,12 Pack Start</td> </tr> <tr> <td>800 Metres</td> <td>Under 13,14,15 2 competitors per lane</td> </tr> <tr> <td>1500 Metres</td> <td>Under 11,12,13,14,15</td> </tr> <tr> <td>700 Metre Walk</td> <td>Under 9</td> </tr> <tr> <td>1100 Metre Walk</td> <td>Under 10,11</td> </tr> <tr> <td>1500 Metre Walk</td> <td>Under 12,13,14,15</td> </tr> </table> <p>Relay Batons - Diameter 30mm, length 255mm, weight 80 grams - maximum.</p> <p><i>Hurdles</i></p> <table border="1"> <thead> <tr> <th>Age Group</th> <th>Run In</th> <th>Height</th> <th>Distance Between</th> <th>Run Out</th> <th>Total Distance</th> </tr> </thead> <tbody> <tr> <td>Under 6</td> <td>12 m</td> <td>20cm</td> <td>7 m</td> <td>13 m</td> <td>60 m</td> </tr> <tr> <td>Under 7</td> <td>12 m</td> <td>20cm</td> <td>7 m</td> <td>13 m</td> <td>60 m</td> </tr> <tr> <td>Under 8</td> <td>12 m</td> <td>45 cm</td> <td>7 m</td> <td>13 m</td> <td>60 m</td> </tr> <tr> <td>Under 9</td> <td>12m</td> <td>52.5cm</td> <td>7 m</td> <td>13 m</td> <td>60 m</td> </tr> <tr> <td>Under 10,11</td> <td>12 m</td> <td>60 cm</td> <td>7 m</td> <td>13 m</td> <td>60 m</td> </tr> <tr> <td>Under 12</td> <td>12 m</td> <td>68 cm</td> <td>7 m</td> <td>13 m</td> <td>60 m</td> </tr> <tr> <td>Under 13</td> <td>12 m</td> <td>76 cm</td> <td>7 m</td> <td>12 m</td> <td>80 m</td> </tr> <tr> <td>Under 14 G</td> <td>12 m</td> <td>76cm</td> <td>7 m</td> <td>12 m</td> <td>80m</td> </tr> <tr> <td>Under 14 B</td> <td>13 m</td> <td>76cm</td> <td>8 m</td> <td>13 m</td> <td>90m</td> </tr> <tr> <td>Under 15 G</td> <td>13 m</td> <td>76cm</td> <td>8 m</td> <td>13 m</td> <td>90m</td> </tr> <tr> <td>Under 15 B</td> <td>13 m</td> <td>76cm</td> <td>8.5 m</td> <td>10.5 m</td> <td>100m</td> </tr> </tbody> </table> <p>All Centres are to use hurdles in a uniform colour - white with colour stripes, facing the athlete, on the cross bar only.</p>	150 Metres	Under 6,7	70 metres	Under 6,7,8,9,10,11,12,13,14,15	100 metres, 200m	Under 6,7,8,9,10,11,12,13,14,15	400 Metres	Under U10,11,12,13,14,15–Laned Start	400 Metres	Under 8, 9 – Packed Start	800 Metres	Under 10,11,12 Pack Start	800 Metres	Under 13,14,15 2 competitors per lane	1500 Metres	Under 11,12,13,14,15	700 Metre Walk	Under 9	1100 Metre Walk	Under 10,11	1500 Metre Walk	Under 12,13,14,15	Age Group	Run In	Height	Distance Between	Run Out	Total Distance	Under 6	12 m	20cm	7 m	13 m	60 m	Under 7	12 m	20cm	7 m	13 m	60 m	Under 8	12 m	45 cm	7 m	13 m	60 m	Under 9	12m	52.5cm	7 m	13 m	60 m	Under 10,11	12 m	60 cm	7 m	13 m	60 m	Under 12	12 m	68 cm	7 m	13 m	60 m	Under 13	12 m	76 cm	7 m	12 m	80 m	Under 14 G	12 m	76cm	7 m	12 m	80m	Under 14 B	13 m	76cm	8 m	13 m	90m	Under 15 G	13 m	76cm	8 m	13 m	90m	Under 15 B	13 m	76cm	8.5 m	10.5 m	100m	August 2006
150 Metres	Under 6,7																																																																																															
70 metres	Under 6,7,8,9,10,11,12,13,14,15																																																																																															
100 metres, 200m	Under 6,7,8,9,10,11,12,13,14,15																																																																																															
400 Metres	Under U10,11,12,13,14,15–Laned Start																																																																																															
400 Metres	Under 8, 9 – Packed Start																																																																																															
800 Metres	Under 10,11,12 Pack Start																																																																																															
800 Metres	Under 13,14,15 2 competitors per lane																																																																																															
1500 Metres	Under 11,12,13,14,15																																																																																															
700 Metre Walk	Under 9																																																																																															
1100 Metre Walk	Under 10,11																																																																																															
1500 Metre Walk	Under 12,13,14,15																																																																																															
Age Group	Run In	Height	Distance Between	Run Out	Total Distance																																																																																											
Under 6	12 m	20cm	7 m	13 m	60 m																																																																																											
Under 7	12 m	20cm	7 m	13 m	60 m																																																																																											
Under 8	12 m	45 cm	7 m	13 m	60 m																																																																																											
Under 9	12m	52.5cm	7 m	13 m	60 m																																																																																											
Under 10,11	12 m	60 cm	7 m	13 m	60 m																																																																																											
Under 12	12 m	68 cm	7 m	13 m	60 m																																																																																											
Under 13	12 m	76 cm	7 m	12 m	80 m																																																																																											
Under 14 G	12 m	76cm	7 m	12 m	80m																																																																																											
Under 14 B	13 m	76cm	8 m	13 m	90m																																																																																											
Under 15 G	13 m	76cm	8 m	13 m	90m																																																																																											
Under 15 B	13 m	76cm	8.5 m	10.5 m	100m																																																																																											
	<p><i>High Jump</i></p> <p>It is recommended High Jump side bags should be used for athlete safety.</p> <p>Scissor Jump is compulsory for Under 8, Under 9 and Under 10 athletes.</p> <p>Restraining straps are compulsory for high jump, excluding scissor jump.</p> <p><i>Long Jump and Triple Jump</i></p> <p>Under 6, 7, 8, 9, 10, 11, 12 : 1/2 metre x 1 metre mat.</p>	August 2002																																																																																														

Competition

Rule N°.	Rule	Date																																																																																				
CO22	<p>All positions for take off mat measured from pit to front edge, ie. edge nearest to pit. Under 13 – Under 15 : 20cm x 1m white painted area on front edge of existing jump mat. Under 6, 7 - Under 12..... .5 metres from pit Under 13 – Under 15 2 metre from pit</p> <p><u>Field</u></p>	August 2005																																																																																				
<table border="1"> <thead> <tr> <th>SHOT PUT</th> <th>Weight</th> <th>Colour</th> <th></th> </tr> </thead> <tbody> <tr> <td>Under 6</td> <td>1.0 kg.</td> <td>Blue</td> <td>Diameter of Shots - 80mm 1.0, 1.5 & 2 kg.</td> </tr> <tr> <td>Under 7</td> <td>1.0 kg.</td> <td>Blue</td> <td>Diameter of Shots - 80mm 1.0, 1.5 & 2 kg.</td> </tr> <tr> <td>Under 8</td> <td>1.5 kg.</td> <td>Yellow</td> <td>100mm - 3kg.</td> </tr> <tr> <td>Under 9, 10, 11, 12 (girls)</td> <td>2.0 kg.</td> <td>Orange</td> <td>Diameter of circle - 2.135m</td> </tr> <tr> <td>Under 12 (boys)</td> <td>3.0 kg.</td> <td>White</td> <td>Angle of Sector - 35°</td> </tr> <tr> <td>Under 13</td> <td>3.0 kg.</td> <td>White</td> <td></td> </tr> <tr> <td>Under 14, 15 Girls</td> <td>3.0 kg</td> <td>White</td> <td></td> </tr> <tr> <td>Under 14, 15 Boys</td> <td>4.0 kg</td> <td>Red</td> <td></td> </tr> <tr> <th>DISCUS</th> <td></td> <td></td> <td></td> </tr> <tr> <td>Under 6</td> <td>330-350 gms</td> <td></td> <td>Diameter of Circle - 2.5m</td> </tr> <tr> <td>Under 7</td> <td>330-350 gms</td> <td></td> <td>Diameter of Circle - 2.5m</td> </tr> <tr> <td>Under 8, 9, 10</td> <td>500 grams</td> <td></td> <td>Angle of Sector - 35°</td> </tr> <tr> <td>Under 11, 12, 13 (girls)</td> <td>750 grams</td> <td></td> <td></td> </tr> <tr> <td>Under 13 (boys), U14, U15</td> <td>1.0 kg.</td> <td></td> <td></td> </tr> <tr> <th>JAVELIN</th> <td></td> <td></td> <td></td> </tr> <tr> <td>Under 6</td> <td>Vortex</td> <td></td> <td></td> </tr> <tr> <td>Under 7</td> <td>Vortex</td> <td></td> <td></td> </tr> <tr> <td>Under 8, 9</td> <td>Turbo Jav</td> <td></td> <td></td> </tr> <tr> <td>Under 9,10,11,12,13 (girls)</td> <td>400 grams</td> <td></td> <td>Angle of Sector - 29°</td> </tr> <tr> <td>Under 13 (boys), U14, U15</td> <td>600 grams</td> <td></td> <td></td> </tr> </tbody> </table>			SHOT PUT	Weight	Colour		Under 6	1.0 kg.	Blue	Diameter of Shots - 80mm 1.0, 1.5 & 2 kg.	Under 7	1.0 kg.	Blue	Diameter of Shots - 80mm 1.0, 1.5 & 2 kg.	Under 8	1.5 kg.	Yellow	100mm - 3kg.	Under 9, 10, 11, 12 (girls)	2.0 kg.	Orange	Diameter of circle - 2.135m	Under 12 (boys)	3.0 kg.	White	Angle of Sector - 35°	Under 13	3.0 kg.	White		Under 14, 15 Girls	3.0 kg	White		Under 14, 15 Boys	4.0 kg	Red		DISCUS				Under 6	330-350 gms		Diameter of Circle - 2.5m	Under 7	330-350 gms		Diameter of Circle - 2.5m	Under 8, 9, 10	500 grams		Angle of Sector - 35°	Under 11, 12, 13 (girls)	750 grams			Under 13 (boys), U14, U15	1.0 kg.			JAVELIN				Under 6	Vortex			Under 7	Vortex			Under 8, 9	Turbo Jav			Under 9,10,11,12,13 (girls)	400 grams		Angle of Sector - 29°	Under 13 (boys), U14, U15	600 grams		
SHOT PUT	Weight	Colour																																																																																				
Under 6	1.0 kg.	Blue	Diameter of Shots - 80mm 1.0, 1.5 & 2 kg.																																																																																			
Under 7	1.0 kg.	Blue	Diameter of Shots - 80mm 1.0, 1.5 & 2 kg.																																																																																			
Under 8	1.5 kg.	Yellow	100mm - 3kg.																																																																																			
Under 9, 10, 11, 12 (girls)	2.0 kg.	Orange	Diameter of circle - 2.135m																																																																																			
Under 12 (boys)	3.0 kg.	White	Angle of Sector - 35°																																																																																			
Under 13	3.0 kg.	White																																																																																				
Under 14, 15 Girls	3.0 kg	White																																																																																				
Under 14, 15 Boys	4.0 kg	Red																																																																																				
DISCUS																																																																																						
Under 6	330-350 gms		Diameter of Circle - 2.5m																																																																																			
Under 7	330-350 gms		Diameter of Circle - 2.5m																																																																																			
Under 8, 9, 10	500 grams		Angle of Sector - 35°																																																																																			
Under 11, 12, 13 (girls)	750 grams																																																																																					
Under 13 (boys), U14, U15	1.0 kg.																																																																																					
JAVELIN																																																																																						
Under 6	Vortex																																																																																					
Under 7	Vortex																																																																																					
Under 8, 9	Turbo Jav																																																																																					
Under 9,10,11,12,13 (girls)	400 grams		Angle of Sector - 29°																																																																																			
Under 13 (boys), U14, U15	600 grams																																																																																					
CO23	All Tasmanian Little Athletics competitions are conducted in accordance with Appendix A of the By-Laws. Where Appendix A is silent, IAAF rules shall apply.	August 1999																																																																																				
CO24	<p>Cross Country</p> <p>Cross Country is conducted on a regional basis.</p> <p>Cross Country sub-committees are appointed by TLAA (<i>Section 30 TLAA Constitution</i>), reporting to the TLAA Competition Officer.</p> <p>Sub-committee will have as a minimum:</p> <ul style="list-style-type: none"> ▪ a Chairman, ▪ a Chief Course Co-ordinator; and ▪ an Administrator <p>These sub-committees are responsible for:</p> <ul style="list-style-type: none"> ▪ setting the roster; ▪ organising the set up of courses; 																																																																																					

Competition

Rule Nº.	Rule	Date																
CO24	<ul style="list-style-type: none"> ▪ running the races to the established rules; ▪ recording and issue of tickets; ▪ collecting entrance fees (if any); ▪ organising trophies or similar (if required); ▪ banking and keeping of financial records as required by the TLAA; ▪ Annual Financial Report must be submitted to the TLAA within 60 days of close of the season; and ▪ registrations for Winter only athletes. <p>State meetings are to be organised by the TLAA Competition Officer.</p> <p>Cross Country is not to be conducted on an open road.</p> <p>Age Groups and Distances for Cross Country events:</p> <table style="margin-left: 40px; border: none;"> <tr> <td style="padding-right: 20px;">Under 6</td> <td>800m</td> </tr> <tr> <td>Under 7</td> <td>800m</td> </tr> <tr> <td>Under 8</td> <td>1000m</td> </tr> <tr> <td>Under 9</td> <td>1500m</td> </tr> <tr> <td>Under 10</td> <td>1500m</td> </tr> <tr> <td>Under 11</td> <td>2000m</td> </tr> <tr> <td>Under 12</td> <td>2000m</td> </tr> <tr> <td>Under 13, 14, 15</td> <td>3000m</td> </tr> </table>	Under 6	800m	Under 7	800m	Under 8	1000m	Under 9	1500m	Under 10	1500m	Under 11	2000m	Under 12	2000m	Under 13, 14, 15	3000m	August 2005
Under 6	800m																	
Under 7	800m																	
Under 8	1000m																	
Under 9	1500m																	
Under 10	1500m																	
Under 11	2000m																	
Under 12	2000m																	
Under 13, 14, 15	3000m																	
CO25	Where new events are introduced or event specifications change, interim records will be kept to be first ratified on the 31 st December of the year of introduction or change, and being able to be subsequently broken after that date.	August 2001																
CO26	Rescinded August 2005																	
CO27	Only events sanctioned by the TLAA are to be conducted at all Little Athletic Competition days.	August 2003																
CO28	In the event of severe weather conditions members of the TLAA Board will take into consideration the options available, which may involve consultation with the Regional Committees, in determining the continuation or otherwise of the competition meeting.	July 2009																
CO29	Rescinded	Rescinded July 2006																
CO30	<p>(a) Competition commences with the first trial in the first round.</p> <p>(b) A round commences when the first athlete eligible to compete in the round commences their trial.</p> <p>(c) The trials shall commence when the Official responsible indicates to the athlete that all is ready for the trial to begin and the athlete is called. The period allowed for this trial shall commence from that moment.</p> <p>(d) A trial is complete as follows:</p>																	

Competition

Rule N°.	Rule	Date
CO30	<p>(i) Throws A trial is complete when the athlete leaves the circle/ runway.</p> <p>(ii) Long & Triple Jump A trial is complete when the Chief Judge designates a “fair/foul jump”.</p> <p>(iii) High Jump A trial is complete when the Chief Judge designates a “fair/foul jump”.</p> <p>(e) A round is complete when the last athlete eligible and present to compete in the round completes their trial.</p> <p>(f) Competition is determined as completed as follows:</p> <p>(i) High Jump The high jump is complete when the last remaining athlete fails or decides to stop.</p> <p>(ii) Other Jumps & Throws when the competitor(s) does not answer the call for a trial in the final round within the prescribed time.</p>	
	<p>g) Taking into account the definitions above:</p> <p>(i) for other than High Jump, no athlete may enter the competition after the completion of the third (3rd) round. Athletes shall compete in the order so drawn and commence at the round in progress.</p> <p>(ii) For High Jump, an athlete may enter the competition as long as the competition is not complete. The athlete commences at the current height of the bar.</p> <p>Clashes</p> <p>(a) For other than High Jump, where a clash of events occurs, the Chief Judge is empowered to allow the athlete to compete out of round and out of order in all six rounds. It is not permitted for an athlete to have two or more trials in succession, nor can an athlete demand to have a trial that has been missed.</p> <p>Note: For the Under 13 age group it should be borne in mind that the three qualifying rounds of the competition must be completed, and a final eight determined before any trial from rounds four, five and six are taken.</p> <p>(b) For High Jump, where a clash of events occurs, the Chief Judge is empowered to allow the athlete to compete out of order. The athlete rejoins the competition at the current height of the bar.</p>	
CO31	<p>Centres may offer the Tiny Tots Program for children between the ages of 3 and 5. This program is optional and no Centre will be compelled to offer the program.</p> <p>Tiny Tots is a program designed to improve the basic movement skills of younger children, along with social skills and self-confidence. Tiny Tots should not be confused with the competition performed by the children between the ages of 5 and 15 years at</p>	

Competition

Rule N°.	Rule	Date
CO31	<p>Little Athletics.</p> <ul style="list-style-type: none"> a) Tiny Tots is an option that may be offered by any Centre and incorporated during the normal weekly meeting; b) Minimum and maximum age eligible to register children must be between 3 years and less than 5 years prior to the 1st of October in the current season; c) Tiny Tots must have a sibling as a registered Little Athlete at the Centre to be an eligible Tiny Tot; d) Children must be registered after participating at one Centre Meeting; e) Children are not required to wear Centre or Club Uniform; f) Children must wear suitable footwear; g) Children are not eligible for any TLAA Participation or Merit Awards. h) A registration fee will be set by the TLAA each year; i) Tiny Tots must be conducted in accordance with the Guidelines issued by the TLAA; and j) Guidelines are reviewed annually at the TLAA Board Conference 	August 2005
CO32	The ALAC Multi-Event scoring system will be used by TLAA for all age groups where a Multi-Event Championship is conducted.	September 2008
CO33	No Centre is to schedule a Centre competition meeting on the same day that a State Conducted Meeting has been scheduled.	July 2009

State Team

Rule N°.	Rule	Date
ST1	<p><u>Athlete Selection Criteria</u></p> <p><u>Under 13 Australian Little Athletics Championships</u></p> <p>a) Selection should be based on the following criteria:</p> <p>i) Performance at Centre level Under 13 results must be sent on a weekly basis by Centres to a designated member of the T.L.A.A. Board.</p> <p>ii) Performances at TLAA State conducted meetings NB: Gold Medal Winners are not automatic selections.</p> <p>b) To be eligible for State Team Selection, Under 13 athletes should demonstrate that their priorities and loyalties are with their Little Athletics Clubs and Centres.</p> <p>c) As such they should compete in and display their 25 Event Badge at State Championships.</p> <p>d) It is recommended that Under 13 athletes should compete at two TLAA State Conducted Meetings throughout the season.</p> <p>e) They just attend State Individual Championships. Non availability due to injury / sickness will be taken into account by the selection committee.</p> <p>f) Performances officially recorded at Little Athletics meetings will only be considered by Team Selectors for State Team Selections.</p> <p>g) Where possible, a complete team of 22 members be selected, and up to four emergencies.</p> <p>h) Each athlete may compete in a maximum of four individual events or a maximum of three individual events plus one relay. The heat and final/consolation final of a laned track event are deemed to be one event.</p> <p>i) Booklet to be compiled and placed in all Under 13 athletes' registration bags detailing information relevant to Team Selection.</p> <p>i) Upon selection, all athletes must have a form signed by a parent/guardian giving permission for the TLAA to obtain full medical details.</p> <p>j) State Team fees must be paid before departure of the team.</p> <p>k) In the event that fees for TLAA State Team levies cannot be paid by the due date, any deferred payment terms must be sanctioned by the TLAA President and Finance Director. A form agreeing to the payment terms must be duly completed by the person requesting the deferment of payment, and returned to the TLAA Finance Director prior to the event.</p> <p><u>Under 15 Multi-Event Championships</u></p> <p>a) Selection should be based on the following criteria:</p> <p>i) Performance at Centre level Under 15 results must be sent on a weekly basis by Centres to a designated member of the T.L.A.A. Board.</p> <p>ii) Performances at TLAA State Multi-Event Championships NB: Gold medal winners are not automatic selections.</p>	July 2009

State Team

Rule N ^o .	Rule	Date
ST1	<p>b) To be eligible for State Team Selection, Under 15 athletes should demonstrate that their priorities and loyalties are with their Little Athletics Clubs and Centres.</p> <p>c) As such they should compete in and display their 25 Event Badge at State Championships.</p> <p>d) It is recommended that Under 15 athletes should compete at two TLAA State Conducted Meetings throughout the season.</p> <p>e) They MUST attend the State Multi-Event Championships, further it is recommended that they attend the State Individual Championships. Non availability due to injury / sickness will be taken into account by the selection committee.</p> <p>f) Performances officially recorded at Little Athletics meetings will only be considered by Team Selectors for State Team Selections.</p> <p>g) Where possible, a complete team 4 Multi-Event athletes (2 boys and 2 girls) will be selected.</p> <p>h) Booklet to be compiled and placed in all Under 15 athletes' registration bags detailing information relevant to Team Selection.</p> <p>i) Upon selection, all athletes must have a form signed by a parent/guardian giving permission for the TLAA to obtain full medical details.</p> <p>j) State Team fees must be paid before departure of the team.</p> <p>k) In the event that fees for TLAA State Team levies cannot be paid by the due date, any deferred payment terms must be sanctioned by the TLAA President and Finance Director. A form agreeing to the payment terms must be duly completed by the person requesting the deferment of payment, and returned to the TLAA Finance Director prior to the event.</p>	
ST2	<p><u>State Team Outfit</u></p> <p>Competition - Athlete</p> <ul style="list-style-type: none"> • Competition singlet • shorts/briefs/bike shorts t/shirt with logo • 3 pair competition socks • Asics tracksuit • shirt - gold/green polo • shoes, bag, hat • clear plastic mackintosh (issued at the discretion of Team Officials) 	July 2009
ST2	<p>Training Outfit - Athlete / Officials</p> <ul style="list-style-type: none"> • 1 training pants – black • 1 t/shirt with team names <p>Social Outfit - Athlete</p> <ul style="list-style-type: none"> • 2 Polo Shirts - 1 green / gold & 1 white / red • 1 Polo Fleece Jacket / vest • 1 Cap 	July 2007

State Team

Rule N°.	Rule	Date
ST2	<p>State Team Officials Outfit</p> <ul style="list-style-type: none"> • Asics Tracksuit • 1 gold / green polo shirt • 1 white / red polo shirt • 3 pair socks • shoes, bag, hat • 1 Polo fleece jacket / vest • 1 Cap <p>Travelling Outfit for Officials and Delegates</p> <ul style="list-style-type: none"> • White shirt / blouse • Tie (<i>supplied by TLAA</i>) • Green Blazer (<i>supplied by TLAA</i>) • Black Trousers / Skirt <p>ALA Delegates & Observer</p> <ul style="list-style-type: none"> ▪ 1 white / red polo 	July 2009
ST3	<p>Officials</p> <p>a) Applicants must be available for the following :</p> <ol style="list-style-type: none"> i. Under 13 Camp ii. State Individual Championships iii. Two (2) days per week and weekends from State Championships to the Australian Little Athletics Championships. iv. Australian Little Athletics Championships. <p>Qualifications:</p> <p><i>State Team Coach</i> Should be at least a level 1 Coach</p> <p><i>Assistant Coach</i> Should be at least a Level 0 Coach</p> <p><i>Managers (2)</i> Should have relevant experience and knowledge of children in Little Athletics</p> <p>c) There must be four (4) Team Officials:</p> <ul style="list-style-type: none"> eg. Two (2) Managers One (1) Coach, and One (1) Assistant Coach. 	August 2001
ST3	<p>Officials</p> <p>d) The Managers need not necessarily be one of each gender. The same applies to the Coach and Assistant. One (1) official must be female or male as the case may be.</p> <p>e) Meeting to be held with Team Officials and Board following announcement of officials.</p>	

State Team

Rule N°.	Rule	Date
ST3	<p>f) The Team Officials are accountable to the Board and must report monthly in person or submit a written report.</p> <p>g) A copy of all team documentation must be included with the monthly report. The Board member for Technical Requirements will be totally responsible for the outfitting of the team and accountable to the Board only.</p> <p>h) Team reunion must be held within a two (2) months time span from the Australian Little Athletic Championships.</p> <p>i) Team files and resources must be returned to the T.L.A.A. Board at the re-union.</p> <p>j) Closing date for official's nominations will be reviewed annually at Board Conference.</p>	